



Autumn Features

We've developed some special health conscious entrees for your enjoyment this fall. In addition to the selected ½ sized entrees that our guests have requested and enjoyed, the featured menu options below have been prepared with both calorie and fat content in mind. All of the options below are approximately 500 calories or less and are prepared to manage reduced fat calories. By using culinary techniques such as grilling or roasting whenever possible, we are able to assist you in managing your caloric intake in a more health conscious manner. We have made the commitment to provide the healthier dining options below that are flavorful and robust.

Grilled Swordfish

With our lemon, basil, and pepper seasoning. Served with rice pilaf, oven roasted tomato, and vegetable jus. 15.99

Southwestern Chicken

Grilled boneless breast of chicken with a Southwestern medley of sweet corn, onion, black beans, tomato, and avocado. Accompanied with choice of rice pilaf or baked potato. 13.99

Chicken Dijon

Boneless breast of chicken and shitake mushrooms with Dijon mustard sauce. Accompanied with grilled asparagus and choice of baked potato or rice pilaf. 13.99

Grilled Salmon

With mirin – soy reduction, wild rice, and grilled asparagus. 15.99

Flatbread Pizzas

You've enjoyed our flatbread appetizers. New this fall, we have created some entrée sized flatbreads. More of the same great flavors – fewer calories.

Wild Mushroom Flatbread

Crisp flatbread topped with a wild mushroom medley, olive tapenade, roasted tomato, cilantro pesto, and goat cheese. 11.99

Saltimbocca Flatbread

Topped with herbed marinara, julienne of grilled breast of chicken, prosciutto ham, basil, and parmesan. 11.99

Langostino Flatbread

Topped with langostino meat, fresh basil and cilantro, garlic, roasted tomato, and parmesan. 12.99

**Soup and Salad Buffet may be added to any of the above entrees for 2.99.
Calorie intake from buffet not calculated.**

Join the 500 Club

Buy any seven dinner entrees and enjoy the 8th dinner on us. Ask your server for details.

Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness